

Alburnett Community School District

Student and Parental Approval Form for Athletic Participation

A. Warning

I am aware playing or practicing to play/participating in any sport/activity can be a dangerous activity involving MANY RISKS OF INJURY. I understand that the dangers and risks of playing or practicing to play/participate in sports include, but are not limited to death, serious neck and spinal injuries which may result in complete or partial paralysis, brain damage, serious injury to virtually all internal organs serious injuries to virtually all bones, joints, ligaments, muscles, tendons, and other aspects of the muscular skeletal system, and serious injury or impairment to other aspects of my body, general health and well-being. I understand that the dangers and risks of playing or practicing to play/participate in the above sport may result not only in serious injury, but in a serious impairment of my future abilities to earn a living, to engage in other business, social and recreational activities, and generally to enjoy life.

B. Agreement to obey instructions

I understand there are dangers when participating in sports/activities. I recognize: the importance of following coaches' instructions regarding playing techniques, training and other team rules, and to agree to obey such instructions.

C. Acknowledgement of risk

We have read the above warning where the possibility of sports injury is explained. We realize there is a possibility that a child may suffer severe injury, including permanent paralysis or death, as a result of participating in athletic activities.

D. Physicals, Concussion, Insurance and other Regulations

1. Prior to participation in practice of athletic contest a student must have on file with the school:
 - a. ARTICLE VII 36.14(1) PHYSICAL EXAMINATION. Every year each student (grades 7-12) shall present to the student's superintendent a certificate signed by a licensed physician and surgeon, osteopathic physician and surgeon, osteopath, advanced registered nurse practitioner (ARNP), physician's assistant or qualified doctor of chiropractic, to the effect that the student has been examined and may safely engage in athletic competition. This certificate of physical examination is valid for the purposes of this rule for one (1) calendar year. A grace period, not to exceed thirty (30) days, is allowed for expired certifications of physical examination.
 - b.. Iowa Code Section 280.13C states, in part, "Annually, each school district and nonpublic school shall provide to the parent or guardian of each student a concussion and brain information sheet, as provided by the Iowa High School Athletic Association and Iowa Girls High School Athletic Union. The student and student's parent or guardian shall sign and return the concussion and brain injury information sheet to the student's school prior to the student's participation in any interscholastic activity for grades seven through twelve.
 - c.. Completed Health and Injury Information Card and Consent for Medical Treatment Form for the current school year.
 - d. A signed Student and Parental Approval Form for Athletic Participation for the current school year.
2. To resume participation following an illness and/or injury serious enough to require medical care, a participating student must present to the school officials a physician's written release.
3. The Alburnett Community School District strongly encourages each athlete to be covered by either the school offered insurance program or other medical and hospitalization coverage provided by another provider.
4. To be eligible to participate in an interscholastic contest, a student must meet all residency, enrollment, age, and academic rules and regulations established by the IHSAA and the Alburnett Community School District.

WE HAVE READ, UNDERSTAND, AND AGREE TO ABIDE BY THE RULES AND REGULATIONS SET FORTH LISTED ON THIS FORM BY THE IOWA HIGH SCHOOL ATHLETIC ASSOCIATION, AND THE ALBURNETT COMMUNITY SCHOOL DISTRICT.

Athlete's Name (Please Print)

Athlete's Signature

Parent or Guardian's Signature

Date

Date